



Research shows that participating in learning music benefits brain structure, cognitive development, sound encoding, language activities, and resilience.

Music education produces bigger, better functioning brains that benefits infants, early years, primary and secondary education settings. Music continues to benefit us in many ways throughout our lifespan and improves our mental capacity to learn and benefit at any age.

Evidence tells us that getting smart in music increases our thinking skills, cultivates strategies for learning as well as for creativity, and enhances cross-disciplinary connections across subjects.

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